

IX Кубок Полесья в категории «Мастерс»5  
Гомель, 9. - 10.5.2026

Дистанция 32  
10.05.2026 - 11:10

Женщины, 400m Вольный стиль

94 лет и моложе  
Результаты

Очки: FPM Masters 26

| Место           | Возраст             |         |       |       |                       |         |       |         |         |                | Время   | Очки    |
|-----------------|---------------------|---------|-------|-------|-----------------------|---------|-------|---------|---------|----------------|---------|---------|
| 17 лет и моложе |                     |         |       |       |                       |         |       |         |         |                |         |         |
| 1.              | Мостовская Дарья    |         |       | 17    | Yellow Submarine      |         |       |         |         | <b>5:37.16</b> |         |         |
|                 | 50m:                | 34.17   | 34.17 | 150m: | 1:58.38               | 44.10   | 250m: | 3:26.13 | 43.89   | 350m:          | 4:54.33 | 43.40   |
|                 | 100m:               | 1:14.28 | 40.11 | 200m: | 2:42.24               | 43.86   | 300m: | 4:10.93 | 44.80   | 400m:          | 5:37.16 | 42.83   |
| 30 - 34 лет     |                     |         |       |       |                       |         |       |         |         |                |         |         |
| 1.              | Безнощенко Виктория |         |       | 32    | Финвал                |         |       |         |         | <b>6:20.94</b> | 340     |         |
|                 | 50m:                | 40.09   | 40.09 | 150m: | 2:14.84               | 48.84   | 250m: | 3:54.96 | 49.43   | 350m:          | 5:36.36 | 50.60   |
|                 | 100m:               | 1:26.00 | 45.91 | 200m: | 3:05.53               | 50.69   | 300m: | 4:45.76 | 50.80   | 400m:          | 6:20.94 | 44.58   |
| 35 - 39 лет     |                     |         |       |       |                       |         |       |         |         |                |         |         |
| 1.              | Деменок Ольга       |         |       | 38    | Yellow Submarine      |         |       |         |         | <b>5:33.28</b> | 531     |         |
|                 | 50m:                | 36.51   | 36.51 | 150m: | 2:00.83               | 42.43   | 250m: | 3:26.04 | 42.82   | 350m:          | 4:52.43 | 43.26   |
|                 | 100m:               | 1:18.40 | 41.89 | 200m: | 2:43.22               | 42.39   | 300m: | 4:09.17 | 43.13   | 400m:          | 5:33.28 | 40.85   |
| 2.              | Зиатдинова Ксения   |         |       | 38    | Yellow Submarine      |         |       |         |         | <b>6:19.40</b> | 360     |         |
|                 | 50m:                | 40.26   | 40.26 | 150m: | 2:14.70               | 48.31   | 250m: | 3:54.05 | 50.15   | 350m:          | 5:32.64 | 49.74   |
|                 | 100m:               | 1:26.39 | 46.13 | 200m: | 3:03.90               | 49.20   | 300m: | 4:42.90 | 48.85   | 400m:          | 6:19.40 | 46.76   |
| 40 - 44 лет     |                     |         |       |       |                       |         |       |         |         |                |         |         |
| 1.              | Черкашина Валентина |         |       | 41    | Swimming.by           |         |       |         |         | <b>6:29.39</b> | 340     |         |
|                 | 50m:                | 40.79   | 40.79 | 150m: | 2:16.85               | 49.53   | 250m: | 3:58.01 | 51.10   | 350m:          | 5:39.43 | 50.53   |
|                 | 100m:               | 1:27.32 | 46.53 | 200m: | 3:06.91               | 50.06   | 300m: | 4:48.90 | 50.89   | 400m:          | 6:29.39 | 49.96   |
| 45 - 49 лет     |                     |         |       |       |                       |         |       |         |         |                |         |         |
| 1.              | Курдченко Наталия   |         |       | 45    | Тройка, РФ            |         |       |         |         | <b>5:37.33</b> | 557     |         |
|                 | 50m:                | 36.55   | 36.55 | 150m: | 2:01.08               | 43.21   | 250m: | 3:28.46 | 43.96   | 350m:          | 4:56.59 | 44.25   |
|                 | 100m:               | 1:17.87 | 41.32 | 200m: | 2:44.50               | 43.42   | 300m: | 4:12.34 | 43.88   | 400m:          | 5:37.33 | 40.74   |
| 2.              | Казанцева Мария     |         |       | 48    | Тим Кулик Мастерс, РФ |         |       |         |         | <b>7:23.67</b> | 244     |         |
|                 | 50m:                | 48.39   | 48.39 | 150m: | 2:38.76               | 57.14   | 250m: | 4:33.38 | 57.04   | 350m:          | 6:29.48 | 58.68   |
|                 | 100m:               | 1:41.62 | 53.23 | 200m: | 3:36.34               | 57.58   | 300m: | 5:30.80 | 57.42   | 400m:          | 7:23.67 | 54.19   |
| 50 - 54 лет     |                     |         |       |       |                       |         |       |         |         |                |         |         |
| 1.              | Кучмий Юлия         |         |       | 51    | Олимпиец              |         |       |         |         | <b>7:19.72</b> | 267     |         |
|                 | 50m:                | 44.44   | 44.44 | 150m: | 2:32.26               | 55.61   | 250m: | 4:26.37 | 57.03   | 350m:          | 6:22.23 | 57.88   |
|                 | 100m:               | 1:36.65 | 52.21 | 200m: | 3:29.34               | 57.08   | 300m: | 5:24.35 | 57.98   | 400m:          | 7:19.72 | 57.49   |
| 55 - 59 лет     |                     |         |       |       |                       |         |       |         |         |                |         |         |
| 1.              | Демидова Оксана     |         |       | 59    | Yellow Submarine      |         |       |         |         | <b>8:02.90</b> | 219     |         |
|                 | 50m:                | 50.73   | 50.73 | 150m: | 2:52.71               | 1:02.49 | 250m: | 4:56.98 | 1:02.72 | 350m:          | 7:03.89 | 1:03.96 |
|                 | 100m:               | 1:50.22 | 59.49 | 200m: | 3:54.26               | 1:01.55 | 300m: | 5:59.93 | 1:02.95 | 400m:          | 8:02.90 | 59.01   |